

Wednesday, March 10, 2010

Chicken Noodle Soup

3-1/2 cups Chicken Broth

Generous dash ground black pepper

1 medium Carrot, sliced

1 stalk celery, sliced

½ cup **uncooked** egg noodles

1 cup shredded chicken

Heat broth, black pepper, carrot and celery in 2-qt saucepan over medium-high heat to a boil. Stir in noodles and chicken. Reduce heat to medium and cook for 10minutes or until noodles are tender.

(If you would like, use 1 cup of frozen mixed vegetables instead of the carrot and celery.)