

HOPE

Isaiah 40:31

But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Hope is a very important part of our lives. In the movie the Shawshank Redemption, the main character Andy Dufresne says that “Hope is a good thing. Maybe the best of things. And no good thing ever dies.” The Apostle Paul lists hope in his top three, along with faith and love. Where ever we put it on our list, hope always seems to be near the top. Today, as we are bombarded (and sometimes overwhelmed) with the constant news about covid-19, we long for hope. It can be hard to be hopeful when the news we hear one minute is bad and the next minute is worse. As God’s people, we have hope, not because the news of the day is good or bad, but because we know who ultimately holds the future and holds us. I find the verse from Isaiah both helpful and hopeful because it reminds me of something I often forget: that ultimately, my hope is based in the Lord. And that hope gives me strength to go forward even when I think I cannot. In that hope, my spirit, my outlook and my strength are renewed. To paraphrase Andy Dufresne, hope in the Lord is a good thing, maybe the best of things. And that hope never dies. May your hope, your spirit, and your strength be renewed-everyday.

Today, take a break from the news, and listen to this song – On Eagles Wings, which is based on the above verse from Isaiah. May it give you hope.

Pastor Kurt

<https://www.youtube.com/watch?v=MvpjxfWrjzY>